

Physical Education Intent and Vision

Physical Education at St Christopher's School is concerned with developing the
Whole Child.

While physical activity is the context for learning we also aim to develop the child's
Personal, Social, Cognitive, Creative skills alongside Physical skills and Fitness.

Our vision is to positively engage children in Physical Education.

We want to influence our children to make healthy choices and stay active into the future, in order to lead **full, happy and healthy lives**, so they may grow and develop as confident young people and the best version of themselves.



Implementation

The PE curriculum is broad and balanced and offers a range of activities including: **Fundamental Movement Skills, Gymnastics, Dance, Net Games, Striking and Fielding Games, Invasion Games, Swimming, Outdoor and Adventurous Activity and Athletics.**

In Foundation and Key Stage 1 we develop physical literacy and strongly focus on the ABC's of movement – **Agility, Balance and Coordination.**

We provide fun opportunities for children to grow their knowledge of Self and others and know how to move in their bodies. We want them to enjoy taking part in PE.

In Key Stage 2, children will work **cooperatively, collaborately and competitively** in more recognised formats of specific sports. These are modified to be inclusive and appropriate to the ages and abilities of the class.

Physical Education is underpinned with our S Christopher's School values and also, **The School Games Values, Passion, Determination, Honesty, Teamwork, Respect, Self-Belief**





Progression

Firstly, children **acquire and develop skills** e.g. learning how to move with control. Secondly, children have the opportunity to **select and apply** these skills e.g. dodging or changing direction within a game to outwit an opponent.

Children are encouraged to **evaluate and improve** their performance in order to make further progress.

Individual work leads to pair work and group work. Children may take different roles including leadership within PE.

Observation is a key part of assessment in PE and informs future teaching and learning.

Progression in Physical Education is enabled by our work within **School Sport Partnership** (with regular **Level 1** Sports Festivals at Oxford Spires Academy) and **The School Games** (with involvement in **Level 2** competitions across the city – leading to **Level 3** at County standard).

Lessons at school will allow children to learn the necessary skills needed to take part in particular competitions or experiences

e.g year 2 explore movements in gymnastics before creating and practicing their own sequence to perform at an interschool Gymnastics Festival.

Further Physical Education Enrichment

Chance to Shine Cricket Project (Cricket)

Girls on the Ball (football)

Taster days – Martial Arts, Archery, Fencing, Tennis

Sports Days - including Leadership Opportunities

Extra-curricular clubs

Lunchtime House Sports Competitions – Upper School.

Parability Days

The Monday Mile

PGL – Outdoor and Adventurous Opportunity

