

Curriculum Intent – PSHE

At St Christopher's Primary School we teach PSHE as an individual subject but it also underpins everything we do across the school to support our ethos of nurture and living a life of fulfilment.

We aim to prepare children for life, by teaching them about themselves, helping them to value who they truly are and to understand how they relate to others in our fast changing and sometimes scary world. We endeavour to build our children's resilience so that they can approach challenges with a positive mind set, deal with defeat or loss and try again if needs be.

Implementation

We teach PSHE using 'Jigsaw' which brings together PSHE Education, emotional literacy, social skills, mindfulness and spiritual development in a comprehensive scheme of learning.

The 'Jigsaw' scheme is progressive and effective with all year groups working on the same theme (puzzle piece) at the same time. For example, the first 'piece' of the jigsaw across the school is 'Being Me in My World' and the work in this topic culminates in a whole school Learning-charter. There are whole school assemblies, a whole school song and weekly celebrations that match in each year group e.g. Week 2: "We celebrate people who try to make our school community a better place." There is clear progression across the year groups. For example in Year 1, the PSHE learning Intention in Session 3 is "I understand the rights and responsibilities for being a member of my class." In Year 4, the learning Intention is "I understand how democracy works through the School Council" and in Year 6 it is "I understand that my actions affect other people globally and locally."

We also use 'The Mental Health Handbook for Primary Schools' by Belinda Heaven in Spring 2 with Years 3 – 6. This enables us to teach about the importance of good mental health and for the children to learn strategies to help themselves. This is another progressive scheme to ensure development of understanding. The idea is that from Years 3 – 6 all pupils receive age-appropriate mental health information. The three main themes covered are 1. "What is mental health and mental illness?", 2. "What helps and what does not?" and 3. "Why is mental health important?"

In our PSHE books you will see:

1. Progression
2. Pupil reflections on learning
3. Some examples of extended writing
4. Images and photos of work

Tracking attainment and progress:

Progress in PSHE is monitored through marking, feedback, discussions and responses. Each child has a self-assessment tracker for their Jigsaw work which is updated after each session.

Monitoring may take the form of book scrutinies, pupil conversations and lesson observations to ensure we are meeting our vision.