



My Curriculum Map

2025/2026

	TERM 1		TERM 2		TERM 3	
Nursery	Introduction to PE : Unit 1	Fundamentals : Unit 1	Dance : Unit 1	Ball Skills : Unit 1	Gymnastics : Unit 1	Games : Unit 1
Reception	Introduction to PE : Unit 2	Fundamentals : Unit 2	Dance : Unit 2	Ball Skills : Unit 2	Gymnastics : Unit 2	Games : Unit 2
Year 1	Fundamentals	Dance	Gymnastics	Ball Skills	Invasion Games	Fitness
	Team Building			Sending and Receiving	Target Games	Athletics
Year 2	Fundamentals	Dance	Gymnastics	Ball Skills	Invasion Games	Fitness
	Team Building			Sending and Receiving	Target Games	Athletics
Year 3	Fundamentals Y3/4	Gymnastics	OAA	Dance	Fitness	Athletics
	Ball Skills Y3/4		Yoga		Athletics	Cricket
					Swimming	Swimming
Year 4	Fundamentals Y3/4	Swimming	OAA	Gymnastics	Dance	Athletics
	Swimming	Yoga	Ball Skills Y3/4			Rounders
	Yoga	Fundamentals Y3/4				
Year 5	Rugby	Parkour	OAA	OAA	Dance	Athletics
	Yoga	Handball	Swimming	Fitness		Cricket
			Fitness	Swimming		
Year 6	Rugby	Handball	OAA	Netball	Dance	Athletics
	Yoga	Parkour	Fitness	Hockey		Rounders