



St Christopher's Primary School

Vision and Principles

- At St Christopher's we believe physical activity is crucial to ensuring
- our children remain physically and mentally healthy. Our high-
- quality PE curriculum aims to ensure that all pupils develop the
- fundamental knowledge, understanding and skills to engage
- successfully in a wide range of physical activities. We believe that it
- is important for children to foster an element of a competitive spirit
- as it can act as motivation to improve and better themselves. Our
- various sports tournaments encourage communication, teamwork,
- leadership and a love of sport. Sportsmanship is also instilled in our
- children, helping them to understand respect, discipline, kindness,
- inclusion and perseverance.

Our PE teaching and learning is good when:

We develop competence to excel in a broad range of physical activities

We are physically active for sustained periods of time

We engage in competitive sports and activities

We lead healthy, active lives.

We develop life skills as well as both social and cultural experiences